

N3

BY EASYTECH
NORDIC HAMSTRING DEVICE

PHYSIOMED
AUSTRALIA



Portable Nordic Hamstring training — eccentric & isometric modes, live force feedback

The N3 is a portable device for Nordic Hamstring exercise — measuring eccentric and isometric knee flexors strength. Complete with built-in sensors, tripod, tablet, and training app for live feedback and data recording. Carry bag with wheels included. Included in the FIFA 11+ Programme Part 3.



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Specification	Details
Dimensions (Operational)	1050 x 520 x 280 mm (L x W x H)
Dimensions (Transport)	600 x 520 x 280 mm (L x W x H)
Weight	12.4 kg
Power Supply	4.5 V — 3 AA alkaline batteries
Connectivity	Bluetooth 4.0 or higher
Display (Tablet)	10.1" LCD, 1280 x 800 resolution
Tablet OS / RAM	Android 7.0 or higher / 2 GB RAM minimum
Software	Android App: real-time feedback, peak force & work, L/R% difference, team profiles, trend analysis, local database
Includes	Built-in sensors, tripod, tablet, carry bag with wheels



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